

CANASTRA CHEESE



Canastra Cheese is a type of Brazilian cheese of origin and production in the Minas Gerais region, in Serra da Canastra, south west Brazil. The Canastra cheese has been produced for over two hundred years and is inspired by São Jorge cheese in the Azores in Portugal and brought by immigrants from the Golden Cycle era in Brazil.

The climate, altitude, native pastures and waters of Canastra Mountain give the cheese a unique, strong, spicy, dense and full-bodied flavor. From May 2008 Canastra cheese is a Brazilian intangible cultural heritage, a title granted by the Institute of National Historical and Artistic Heritage.